

Cell cycle checkpoints: the role and evaluation for early diagnosis of senescence, cardiovascular, cancer, and neurodegenerative diseases

Review Article

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Received October 9, 2006

Accepted October 24, 2006

Published online November 30, 2006; © Springer-Verlag 2006

Summary. Maintenance of genomic integrity is critical for prevention of a wide variety of adverse cellular effects including apoptosis, cellular senescence, and malignant cell transformation. Under stress conditions and even during an unperturbed cell cycle, checkpoint proteins play the key role in genome maintenance by mediating cellular response to DNA damage, and represent an essential part of the “cellular stress response proteome”. Intact checkpoint signal transduction cascades check the presence of genome damage, trigger cell cycle arrest, and forward the information to the protein core of cell cycle machinery, replication apparatus, repair, and/or apoptotic protein cores. Genetic checkpoint defects lead to syndromes that demonstrate chromosomal instability, increased sensitivity to genotoxic stress, tissue degeneration, developmental retardation, premature aging, and cancer predisposition that is most extensively studied for the ATM-checkpoint mutated in *Ataxia telangiectasia*. Tissue specific epigenetic control over the function of cell cycle checkpoints can be, further, misregulated by aberrant DNA methylation status. The consequent checkpoint dysregulation may result in tissue specific degenerative processes such as degeneration and calcification of heart aortic valves, diabetic cardiomyopathy, hyperhomocysteinemic cerebrovascular, peripheral vascular and coronary heart diseases, neurodegenerative disorders (Alzheimer and Parkinson diseases, amyotrophic lateral sclerosis, glaucoma), and accelerated aging frequently accompanied with cancer. This review focuses on the checkpoints shown to be crucial for unperturbed cell cycle regulation, dysregulation of which might be considered as a potential molecular marker for early diagnosis of and therapy efficiency in neurodegenerative, cardiovascular and cancer diseases. An application of the most potent detection technologies such as “Disease Proteomics and Transcriptomics” also considered here, allows a most specific selection of diagnostic markers.

Keywords: Stress response proteome – Cell cycle checkpoints – Epigenetic control – Cardiovascular and cancer diseases – Senescence and neurodegeneration – Early diagnosis and follow-up – Disease proteomics and transcriptomics

1. Stress response and the role of checkpoints

Stress response is the clue ability of each organism which decides over adaptation quality and survival under extreme as well as routine conditions. At the organismal level, stress response is controlled by hormones (Charmandari et al., 2005). Cellular stress response is frequently non-specific to the origin of stress factors causing the response; it is controlled by the quality/deformation of the essential cellular macromolecules as reviewed by Kultz (2005). The capacity of the cellular stress response depends on the pool of proteins expressed at the time point of stress application and on additionally activated ones in response to the stress. This pool of proteins is called “Stress Proteome”. It has been shown that proteins involved in key aspects of the cellular stress response are highly conserved in all organisms tested such as human beings, yeasts, eu- and archae-bacteria, and the “Minimal Stress Proteome” of cellular organisms consists mainly of the following functional groups (Kultz, 2003):

- “Energy metabolism and ATPases/ABC-transporters”,
- “Translation regulation, protein synthesis and degradation”,
- “Redox regulation”,
- “Nucleic acid metabolism”,
- “DNA damage sensing/repair and cell cycle control”,
- “Basic transcription, replication, and RNA processing”,
- “CoA metabolism”, and
- “Molecular chaperones”.

DNA damage and protein oxidation represent the most severe deformations of cellular macromolecules, and trigger plenty of intra- and extra-cellular signaling cascades. Thereby, genotoxicity is the most fatal consequence of any kind of stress factor, such as the most ubiquitous emotion stress, smoking and alcohol consumption (Korystov, 1997; Irie et al., 2001), hyperhomocysteinemia (Sachdev, 2005), folate and taurine deficiency (Tomei et al., 1990; Chern et al., 2001; Golubnitschaja et al., 2003), UV- and ionizing irradiation (Brown et al., 2003), fluctuating blood glucose concentration (starvation, *Diabetes mellitus*, etc. (Massague, 2004; Golubnitschaja et al., 2006a), asphyxia/ischemia/stroke/reperfusion (Dell'Anna et al., 1997; Didenko et al., 2002; Cherubini et al., 2005), genetic syndromes such as Down syndrome (Midorikawa and Kawanishi, 2001) neurodegenerative diseases such as Huntington, Alzheimer, and Parkinson diseases, glaucoma (Chuang, 2005; Migliore et al., 2005; Hegde et al., 2006; Moenkemann et al., 2005), etc.

Under stress conditions and even during an unperturbed cell cycle, checkpoint proteins play the key role in genome maintenance by and mediating cellular response to DNA damage, as it is schematically shown in Fig. 1. Checkpoint signal transduction cascades check the presence of genome damage, trigger cell cycle arrest, and forward the information to the protein core of cell cycle machinery, replication apparatus, and either repair or apoptotic protein cores (Massague, 2004). Damaged DNA in humans is

detected by a cascade of sensor proteins (HUS1, RAD1, RAD9, RAD17, RAD26), which transmit signals via ATR to CHK1, or by the other cascade of sensor proteins (NBS1, BRCA1, RAD50, etc.), which transmit signals via the ataxia-telangiectasia mutated (ATM) protein kinase to CHK2 (Kawabe, 2004). Double-stranded DNA (dsDNA)-breaks activate ATM which, in turn, modulates numerous signalling pathways via target phosphorylation that either enhances or represses activity of ATM-dependent proteins. ATM-mediated activation of cell-cycle checkpoints in response to (dsDNA)-breaks include following targets: P53, CDC25A, CDK2, CHK2, P21^{WAF1/CIP1} (CDKN1A) in G₁/S phase transfer, and CHK1, CHK2, 14-3-3 proteins in G₂/M phase transfer of cell cycle (Xie et al., 1998; Shiloh, 2003; Kawabe, 2004; Pereg et al., 2006). Checkpoints response to single-stranded DNA (ssDNA)-lesions and DNA replication blockage is triggered by ATR-dependent pathways (Bakkenist and Kastan, 2004; McGowan and Russel, 2004; Levitt et al., 2005). By this way, checkpoint signal cascades response to a variety of stress conditions by coordinating of cell cycle arrest/promotion, various pro-apoptotic factors, the DNA-repair machinery, and oxidative-stress response genes (Massague, 2004). Genetic defects affecting DNA damage response pathways lead to syndromes that demonstrate chromosomal instability, increased sensitivity to genotoxic stress, tissue degeneration, developmental retardation, premature aging, and cancer predisposition. The most prominent genomic instability syndromes are *Ataxia telangiectasia* and *Ataxia telangiectasia*-like disease, Bloom's, Cockayne's, Nijmegen breakage, Rothmund-Thompson, Werner's syndromes, Fanconi's anemia, Trichothiodystrophy, and *Xeroderma pigmentosum* as reviewed by Shiloh (2003).

Recent works clearly showed that dysfunction of checkpoints uncoupled from cellular apoptotic/repair mechanisms leads to severe consequences such as human genetic syndromes, cardiovascular and cancer diseases, and senescence. Can we use cell cycle checkpoints as molecular markers for early diagnosis and prognosis of disorder severity?

2. Potential application of checkpoints genes as molecular markers for early diagnosis of cardiovascular diseases

2.1 Checkpoints in heart diseases

Aortic valve degeneration is one of the leading causes of heart diseases in adults. The mechanisms underlying aortic valve degeneration are largely unknown. Cardiac tissue

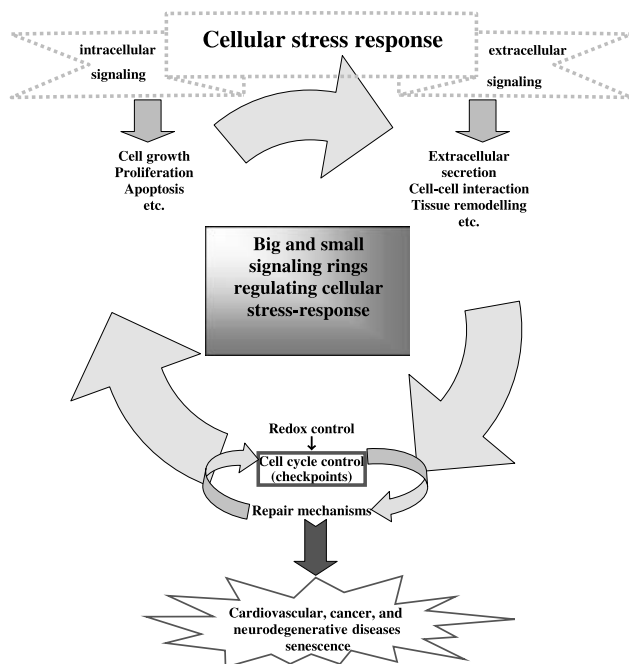


Fig. 1. The role of cell cycle checkpoints in cellular stress response

responds to a variety of stimuli by hypertrophic growth. Molecular mechanisms resulting in the hypertrophic response indicate similarity and overlap with those involved in both cell growth and death. This hypertrophic growth has been shown to be associated with the re-activation of the fetal gene program in cardiac cells (Liu and Olson, 2002; Bar et al., 2003), the clue of which is the positive regulation of the cell cycle progression. This switch in program might be crucial for the myocardial cell regulation. Such growth stimulation is responsible for the up-regulated activity of cyclin-dependent kinases (CDKs) that consist of a kinase core and an associated cyclin subunit acting as the positive regulator (Sherr, 1994). Thereby different CDK inhibitors keep the negative control over CDKs activities. CDK inhibitors are classified on the basis of their sequence homology and substrate specificity. Recently a novel cardiac helicase CHAMP that inhibits cell proliferation and cardiac hypertrophy was described (Liu and Olson, 2002). The CHAMP-dependent inhibition of cardiac hypertrophy is accompanied by an obligatory up-regulation of the cyclin-dependent protein-kinase inhibitor P21^{WAF1/CIP1}, a 21-kDa protein, which is a member of the CIP/KIP family (Sherr, 1994). Furthermore, a targeted over-expression of P21^{WAF1/CIP1} prevents cell enlargement and suppresses a specific gene expression of the cardiac hypertrophy markers in the cell population in vitro (Tamamori et al., 1998) indicating the key role of p21^{WAF1/CIP1} in the regulation of the hypertrophic response. Recently clear correlations among

- the well coordinated regulation of p21^{WAF1/CIP1} and 14-3-3 sigma – checkpoint genes arresting cell cycle in G₁ and G₂ phases, respectively,
- modulation of the density of valvular cell population, and
- progressive calcification of native aortic valve tissue

were reported using “Disease transcriptomics” technology (Golubnitschaja et al., 2006b).

Cell cycle control obviously plays a key role in the maintenance of cardiac cell population: high rates of cell death have been shown to be physiological in normal adult human heart and those of mice and rats (Nadal-Ginard, 2001). The physiological expression of p21^{WAF1/CIP1} shows a gradual increase during development in both rat and man, becoming maximal in adulthood (Burton et al., 1999). A direct link between the Bcl-2 dependent down-regulation of p21^{WAF1/CIP1} and an increased myocyte density in the left ventricle has been shown recently in experimental work with transgenic mice (Limana et al., 2002). These findings are in agreement with the data

demonstrating that down-regulation of both checkpoint genes p21^{WAF1/CIP1} and 14-3-3 sigma correlates well with increasing cardiac cell density and calcification appearance in aortic valve tissue (Golubnitschaja et al., 2006b). Interestingly, the number of macrophages does not correlate with the cell density, whereas both the increased cell density and well coordinated down-regulation of p21^{WAF1/CIP1} and 14-3-3 sigma gene expression were found to be characteristic for calcification. Therefore, the coordinated double-check of DNA quality and cell proliferation in valvular cells might be efficient only in non-calcified tissue, whereas in the calcified one this control becomes coordinately suppressed in both G₁ and G₂ dependent checkpoints. These findings give further evidence that the efficiency of cell cycle control in human non-calcified valvular tissue depends not only on the positive/negative CDKs regulation in the G₁ phase but also on the coordinated regulation of both G₁ and G₂ dependent checkpoints, that has not been considered from the view point of molecular pathomechanisms of valve calcification until now. Recent in vitro experiments on rat cardiac fibroblasts showed, that a target up-regulation of inhibitors for G₁ dependent CDKs effectively suppresses the DNA synthesis and may decrease a potential risk of cardiovascular diseases (Mercier et al., 2002).

The dissociation of P21^{WAF1/CIP1} from the CDK complexes correlates well with the activation of CDK2, CDK4, CDK6, and the release from cell cycle arrest, whereby the number of cardiac cells in S phase rises considerably (von Harsdorf et al., 1999). Further, in contrast to P16 (a specific inhibitor of CDK4/6), the “universal” CDKs inhibitor P21^{WAF1/CIP1} was shown to be able to block an E2F-1-induced G₁ exit completely (Akli et al., 1999). However, E1A binding activity to target protein complexes has effects on the cell cycle progression beyond those produced by E2F-1 alone, and can drive S-phase entry that is resistant to P21^{WAF1/CIP1} (von Harsdorf et al., 1999). These facts explain the necessity of the coordinated regulation of both G₁ and G₂ dependent checkpoints, in order to keep the control over the cell population maintenance in cardiac tissue. Blockade of cell cycle progression results in a prolonged resistance to macrophage invasion and foam cell deposition (Mann et al., 1997). Therefore, it is likely that reduced cell cycle control in valvular tissue leads to the increased macrophage invasion that, in turn, can contribute to non-physiological calcification by both triggered unspecific inflammation and NO-toxicity (Schmidt and Walter, 1994; Zhuang and Wogan, 1997; Lutgens et al., 1999; Sanders et al., 2001; Frangogiannis et al., 2002). The coordinated activation of

both G₁ and G₂ dependent checkpoint genes may be, therefore, an attribute of the valvular tissue resistance against the calcification processes. Molecular events leading to valve calcification are schematically shown in Fig. 2, and should be taken into consideration, when designing therapeutic prevention of pro-calcification molecular pathways in human heart.

2.2 Altered expression of checkpoints in diabetic cardiomyopathy

Many diabetic patients suffer from cardiomyopathy, resulting in heart failure and increased mortality, even in the absence of vascular disease (Liang et al., 2002). More than 50% of patients with type 2 diabetes have coronary heart disease, related to silent ischemia and autonomic denervation of the heart. Little is known about molecular mechanisms leading to the degeneration of cardiac tissue under diabetic conditions. Hyperglycemia-induced oxidative stress and subsequent DNA damage is speculated to contribute to the pathogenesis of diabetic complications in both diabetes types 1 and 2 (Dandona et al., 1996; Hinokio et al., 1999; Sampson et al., 2001; Sardas et al., 2001). A repair capacity towards increased production and damage effects of reactive oxygen species (ROS) in diabetic patients or corresponding animal models is now under intensive investigation as a parameter or even biomarker of differential cell resistance towards diabetic complications (Hinokio et al., 1999; Sampson et al., 2001; Taniguchi et al., 1996; Leinonen et al., 1997; Krauss et al., 2003). Noteworthy, in the early phase of diabetes the heart is more resistant to ischemic damage than the non-diabetic heart (Tosaki et al., 1996; Paulson, 1997). Therefore, it has been hypothesized that oxidative stress conditioned by hyperglycemia may be associated with an increased density of damaged cardiomyocytes followed by P53-dependent induction of cell cycle arrest in cardiomyocytes and consequent reduction in cell population with a concomitant remodeling of heart tissue (Golubnitschaja et al., 2006a). Indeed, in the early phase of STZ-induced insulin-dependent diabetes both cell cycle checkpoints p21^{WAF1/CIP1} and 14-3-3 sigma become activated in cardiac tissue compared to the non-diabetic heart. Furthermore, a repair of damaged DNA is strongly promoted in diabetic cardiomyocytes, since the measured levels of repaired DNA molecules have been shown to be even higher than those of non-diabetic cardiomyocytes. These findings suggest that arrest of cardiomyocyte proliferation under diabetic conditions might be triggered in both G₁ and G₂ phases of the cell cycle, and accompanied by extensive DNA repair

provided by a complex, both G₁- and G₂-dependent repair machinery in the early phase of the disease. This conclusion is of high importance, since it could explain the observed but not yet understood increased resistance of the heart towards ischemia/reperfusion in early diabetes compared to the non-diabetic heart. Further observations of disappearing of this beneficial effect with the duration of diabetes proposes a dual role of cell cycle checkpoints under diabetic conditions: in early diabetes an increased expression of both p21^{WAF1/CIP1} and 14-3-3 sigma genes has a beneficial effect activating DNA repair processes triggered by cell cycle arrest, and, therefore, preventing replication of damaged DNA. On the other hand, the double cell cycle arrest ultimately inhibits replication of cells which consequently accumulate in the G₁ and G₂ phases; this potentially might lead to the myocardial tissue degeneration well-documented in later phases of diabetes. The proposed molecular events leading to diabetic cardiomyopathy fit also well to the general scheme of cardiac tissue degeneration given in Fig. 2. Indeed, in contrast to early stages, the advanced stages of the diabetic cardiac hypertrophy and fibrosis are accompanied with an inactivation of 14-3-3 protein (Gurusamy et al., 2005).

Further investigations of checkpoints expression in cardiomyocytes of diabetic rats demonstrated that the basic level of regulation – namely gene methylation status – is involved (Moenkemann et al., 2002). There is a strong epigenetic control over gene expression of both p21^{WAF1/CIP1}

Epigenetic regulation of checkpoint genes

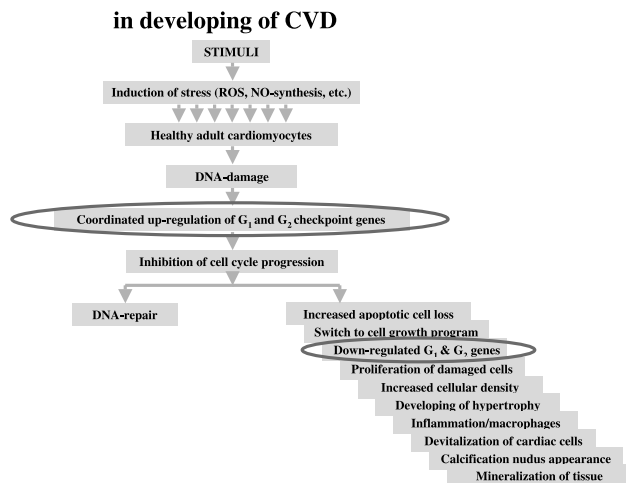


Fig. 2. Schematic presentation of the cascade of molecular events leading to valve degeneration and mineralization of cardiac tissue. Coordinated up-regulation of G₁ and G₂ checkpoint genes was demonstrated in degenerated but non-calcified valves. In contrast, the expression of cell cycle checkpoints was completely suppressed in calcified tissue (Golubnitschaja et al., 2006b)

and 14-3-3 sigma: methylation status of abundant CpG islands located in a promoter region is known to have an important regulatory effect on their expression (Allan et al., 2000; Ferguson et al., 2000). The mechanisms of gene silencing by methylated cytosin are varied among promoters. The most generally reported mechanism is the repression of transcription by methyl-CpG-binding proteins (MeCP1 and MeCP2) that bind DNA in a sequence independent manner. Thereby, an activation of methyl-CpG-binding proteins results in alternating the chromatin structure and preventing the transcriptional factors like Sp1 from DNA binding (Lewis et al., 1992; Tate et al., 1996; Simmen et al., 1999).

Some therapeutic approaches to prevent both diabetic and non-diabetic cardiomyopathy are currently under consideration. Increasing evidence suggests that dietary taurine supplementation reverses cardiomyopathy in animals underwent taurine depletion (TD) and also confers beneficial effects in patients with heart failure (Schaffer et al., 2000a; Sole and Jeejeebhoy, 2002; Pion et al., 1987; Azuma et al., 1992). Several mechanisms have already been proposed to account for the beneficial effect of taurine in heart failure: improvement of tissue osmoregulatory properties and ion transport mechanisms (Labudova et al., 1999a; Schaffer et al., 2000a; Suleiman, 1994; Moenkemann et al., 1999) promotion of body fluid homeostasis by pronounced natriuresis and diuresis effects (Mozaffari and Schaffer, 2001), positive inotropic effect by regulating $[Ca^{2+}]_i$, $[Na^+]_i$ and Na^+/Ca^{2+} exchanger activity (Azuma et al., 1992; Schaffer et al., 2000a, b), and attenuation of angiotensin II mediated events such as induction of cardiac hypertrophy, myocardial remodeling and volume overload (Schaffer et al., 2000b). Oxidative stress is proposed to be the pathogenic mechanism linking TD to the ultimate manifestation of cardiomyopathy. Similarly to diabetic rats, the taurine depletion causes DNA damage accompanied by up-regulation of P53, P21^{WAF1/CIP1} and 14-3-3 sigma expression in cardiomyocytes (Golubnitschaja et al., 2003). Since TD is associated with the development of cardiomyopathy, the relevance of these molecular events to the ultimate manifestation of cardiomyopathy caused by both *Diabetes mellitus* and TD represents a fertile area for further investigation.

2.3 Hyperhomocysteinemia as an important independent risk factor for cardiovascular diseases and potential moderator of tumor activity

Hyperhomocysteinemia (Hhcy) is associated with the development of cerebrovascular, peripheral vascular and

coronary heart diseases (Wilcken et al., 1983; Brattstrom et al., 1984; Boers et al., 1985; Malinow et al., 1989, 1996; Coull et al., 1990; Clarke et al., 1991; Graham et al., 1997). Elevated plasma levels of homocysteine (Hcys) can result from genetic (such as mutations in 5,10-Methylenetetrahydrofolate reductase – the key enzyme in both folate and homocysteine metabolic pathways) or nutrient-related disturbances (e.g. folate deficiency) in the transsulphuration or remethylation pathways for Hcys metabolism (Frosst et al., 1995; Akoglu et al., 2004). Hcys significantly stimulates DNA synthesis, promotes vascular smooth muscle cells (VSMCs) growth inhibiting endothelial cell growth and stimulating proliferation of arterial tissue, and consequently promotes the vessel wall thickening potentiating calcification of aortic smooth muscle cells (Lubec and Szekeres, 1994; Tsai et al., 1994; Li et al., 2003). What are the molecular mechanisms of this selective promotion of VSMCs proliferation? Lubec et al. demonstrated the ability of Hcys to activate the cell cycle progression by stimulation of aortic cyclin-dependent kinase at the transcriptional level in a dose-dependent manner (Lubec et al., 1996). This important finding has been later confirmed by numerous further experimental data demonstrating Hcys mitogenic effect on VSMCs with strong proliferative response on the luminal side of the vessel wall tapering, however, towards the adventitia, and showing also a significant inhibition of DNA synthesis and of proliferative effect by nutritional folate supplementation (Carmody et al., 1999; Chen et al., 2000; Buemi et al., 2001; Kartal et al., 2005). Further studies demonstrated induced B and T lymphocyte proliferation by increased Hcys concentration levels; the underlying cell cycle progression mechanisms involve PKC, p38 MAPK and NF-kappaB activity (Zhang et al., 2001, 2002). This might be the further mechanism potentiating chronic inflammatory progression of atherosclerosis with Hhcy.

Recently achieved results represent a functional link of Hhcy associated cardiovascular and cancer diseases: 5,10-Methylenetetrahydrofolate being the key metabolite in both folate and Hcys metabolic pathways, is the main modulator of growth-promoting effects of Hcys as well as anti-proliferative ones of folate in colon cancer cells (Akoglu et al., 2004). Hhcy-induced alterations of extracellular-matrix (ECM) metabolism can, further, contribute to the progression of both cardiovascular and cancer diseases: Hhcy increases the secretion of elastolytic metalloproteinases-2 and -9 and tissue inhibitor of metalloproteinases-1 (Yang and Zou, 2003; Chausalet et al., 2004). These alterations can potentially trigger a

non-physiologic deposition of ECM-elements and advance a tumor metastatic activity. Hhcy research provides us with a further important functional link between cardiovascular and cancer diseases: Hhcy is associated with altered overall DNA methylation status in different cell types (Hultberg et al., 2000; Castro et al., 2003) representing the basic mechanism of the epigenetic control, particularly, over cell cycle regulation. Further studies are required before the true role of Hcys and Hhcy in the regulation of overall DNA methylation status can be clearly evaluated. This can dramatically further our knowledge about the origin of cardiovascular and cancer diseases.

3. Checkpoints in cancer: differential gene expression, epigenetic control and cell cycle progression, potential early diagnosis and therapy monitoring

Mammalian cell cycle checkpoints activation has been proposed as the key tumor-suppressor mechanism that should prevent the mutation accumulation that usually drives oncogenesis (Hartwell and Kastan, 1994). Mutations in and/or complete loss of even one checkpoint results in the pronounced predisposition to cancer diseases, as it has been well documented in the case of *Ataxia telangiectasia*, the human genomic instability syndrome characterized by a mutated non-essential cell cycle modulator – the ATM protein kinase as reviewed by Shiloh (2003). This checkpoints-associated increased tumour predisposition might be developed either during embryogenesis or can be, further, caused by some pathologic conditions in child- or adulthood such as highly increased stress of any kind and DNA modifying conditions such as altered DNA methylation status, DNA damage, viral infections etc. Thereby, apart from increased tumor predisposition, inborn checkpoint mutations are also associated with diverse and usually well-detectable abnormalities like growth and mental retardation, facial dysmorphism, immune dysfunction, etc., commonly found in other syndromes associated with an impaired response to DNA damage. These abnormalities are well-documented in the human genetic disorders “Seckel syndrome” with inborn defect of *atm*-related *atr*-checkpoint gene, and indicate a broad application of checkpoints in organismal development and functions (Alderton et al., 2004).

It is more complicated to predict a non-inborn tumor predisposition arose in child- and adulthood due to any DNA modifying events. Similarly to inborn checkpoint mutations, the potential tumorigenesis selects for genetic and epigenetic changes, allowing evasion of anti-proliferative

and apoptotic mechanisms, when the arising tumor acquires genetic instability. However, how early this occurs and whether it drives tumor development is unclear.

3.1 Prognostic role of checkpoints in breast cancer

With one million new cases in the world each year, breast cancer is one of the most common malignancies (about 24% of all cancer cases), the most common malignancy in women (10–12 per 100 women), and the leading cause of worldwide death for women 40–55 years of age (Baselga and Mendelsohn, 1994; Bange et al., 2001; Chopin et al., 2004a). The pathology is highly resistant to chemotherapy, and there is still no effective cure for the patients with advanced stages of breast cancer, especially in the case of hormone-independent disease (Bange et al., 2001; Chopin et al., 2004a). Most breast cancer patients succumb to the tumor due to the presence of undetected micrometastases; therefore, long-time survival is possible if the tumor becomes localized before metastasing occurs. Since the surgical removal of the primary tumor at very early stages is still the most effective treatment of breast cancer, an early diagnosis of the disease, therefore, would prevent the extremely high morbidity and mortality observed for breast cancer patients. Despite years of intense study, no molecular alterations common to the vast majority of breast cancer have been found till 2000, when Ferguson et al. has observed a silencing 14-3-3 sigma checkpoint gene, the DNA sequence of which is hypermethylated in more than 90% of primary breast cancers tested (Ferguson et al., 2000). This checkpoint is responsible for instituting the cell cycle arrest in G₂ phase (Hermeking et al., 1997; Chan et al., 1999).

The mammalian family of 14-3-3 proteins consists of 7 members, encoded by separate genes (β , γ , ϵ , η , σ , τ , and ζ) with broad spectrum of functions in kinases conducted signaling pathways generally essential in the controlling of cell cycle progression, particularly during embryonic eye and brain development, as well as regulation of brain function, and general stress response (Aitken et al., 1995; Rittinger et al., 1999). 14-3-3 proteins possess a CpG-rich promoter sequence – the target for a regulation activity of DNA methyltransferases, which control the expression of 14-3-3 proteins on the basic level, by altering their gene methylation status. CpG island methylation is an epigenetic change that is largely responsible for silencing of the corresponding genes. In the case of 14-3-3 checkpoint genes, their hypermethylation may underlie an increased resistance of breast cancer towards genotoxic agents and may lead to a failure of chemo/radio therapies

applied. Some other epigenetic alterations have been demonstrated in breast cancer (50% of breast tumors exhibit a hypermethylation of E-cadherin and mammary derived growth factor inhibitor (Graff et al., 1995; Huynh et al., 1996)), which, however, are not as ubiquitous as it is in the case of the 14-3-3 sigma gene, indicating the importance of this checkpoint loss in breast cancer pathology. Also further checkpoints such as P21^{WAF1/CIP1} and P27^{KIP1} become considered as potent molecular targets for breast cancer therapy (Bange et al., 2001; Chopin et al., 2004a, b).

Molecular mechanisms of the epigenetic control over the overall gene expression have been studied in more detail for the CHFR gene, encoding a mitotic stress checkpoint protein inactivated in plenty of human tumors such as primary colorectal, bone, head and neck cancers (Corn et al., 2003; Toyota et al., 2003). Expression of CHFR correlated well with the methylation status of the gene's CpG-rich regulatory region. The gene hypermethylation and thus silencing of CHFR were strictly dependent on the activities of two DNA methyltransferases, DNMT1 and DNMT3b, inactivation of which restored CHFR expression in tumor cells. Taken together, these findings highlighted the key mechanism by which mitotic checkpoints can be bypassed in cancer.

3.2 Checkpoints in malignant gliomas:

“disease proteomics” reveals a failure of current therapy approaches

Human gliomas are the most frequent malignant brain tumors and the most malignant of the astrocytomas. A catastrophic prognosis of the median survival in the range of one year can be only marginally improved by current therapy approaches (Stupp et al., 2005; Wild-Bode et al., 2001). The excessive proliferation, disseminated tumor growth, extremely rich neovascularization, and resistance towards apoptotic stimuli are the main features of malignant gliomas making their treatment especially complicated. The resistance of malignant glioma cells towards stress conditions results in sub-lethal effects under clinically relevant therapy approaches and, consequently, in an enhanced invasiveness of treated cells as revealed by “Disease proteomics” (Trog et al., 2006a, b). This scenario cannot lead to success in the therapy of malignant gliomas. In order to reconsider the current therapy approaches, some key mechanisms underlying the response of glioma cells to treatment conditions should be, further, clarified. The clue is obviously a complex molecular and resulting cellular response to sub-lethal genotoxic

conditions. Recently achieved results indicate that not a lack of expression, but the deficits in response to genotoxic conditions in terms of P53 and P21^{WAF1/CIP1} expression regulation may play a crucial role in the resistance towards pro-apoptotic stimuli, uncontrolled cell growth and survival of malignant gliomas under clinically relevant chemo- or/and radiation-treatment. In contrast, both P53 and P21^{WAF1/CIP1} were found to be significantly up-regulated by high cell density at prolonged cultivation. The well-known specific feature of malignant gliomas is an obligatory dependence on the development of its own vascular system for adequate oxygen and nutrient delivery. Thus, malignant glioma cells of high density induce their own vasculature formation (Ader et al., 2003). It will be speculated, therefore, that the cell cycle control in glioma cells might have a function, which differs from maintaining the original phenotype of single cells: cell cycle attributing proteins are activated in concert with pro-angiogenic events, when the tissue becomes remodeled and the processes of neovascularization are triggered (Trog et al., 2006c). This study gives us an example for the application of checkpoints expression monitoring, in order to evaluate the cancer therapy efficiency and, if necessary, to suggest improved approaches.

4. The key role of checkpoints in longevity/aging and neurodegeneration

4.1 Longevity and accelerated aging

This is one of the phenomena which being associated with organismal stress factors and cellular stress response becomes mostly discussed in literature. Plenty of studies have demonstrated that aging is a result of a complex interaction of genetic, epigenetic, and environmental factors. “The genetics of human longevity” undergoes currently an extensive investigation as reviewed by Capri et al. (2006). Different strategies have been proposed which should identify the gene-candidates contributing to either human longevity or aging. Thus, there will be looked for gender differences, since women live longer than men (Austad, 2006), and for a positive association with “unsuccessful aging” by selection of genes possibly responsible for myocardial infarction, Alzheimer disease, and *Diabetes mellitus*, etc. (Capri et al., 2006). In this pool of candidates some inflammation-related and oxidative-stress-responsible genes are reported. Further, experiments carried out on long-lived organisms have proposed the decreased cellular production of reactive oxygen species (ROS) in parallel to an increased creation

of antioxidants as the most optimal organismal strategy for longevity (Lutz et al., 2003; Corona et al., 2005). Concretely in mammals, methionine (Met) metabolism has been shown to be strongly associated with a long life-span (Sanz et al., 2006):

- dietary Met-restriction and shortening of protein Met-content increases the longevity, since this amino acid is most susceptible to oxidation by ROS, and dietary Met-supplementation increases plasma Hcys – an independent risk factor for cardio-vascular disorders as reviewed above,
- knocking out methionine-sulfoxide-reductase (MSR) lowers longevity, whereas its over-expression increases life-span and delays aging (Moskovitz et al., 2001); MSR reduces Met-sulfoxide – the main by-product of protein oxidation – back to Met using a reduction potential of the thioredoxin (TRX)-complex (Stadtman et al., 2003),
- overexpression of thioredoxin controls oxidative stress and life-span increasing considerably the longevity (Mitsui et al., 2002).

Thereby, TRX, an ancient low molecular weight oxidoreductase with highly conservative structure, acts in response to changes in cellular redox status as universal red-ox signaling transducer by “ping-pong” mechanism, and represents a functional link to the regulation of hormonal stress processing, DNA metabolism, replication and repair machinery, apoptosis and cell cycle checkpoints (Muller, 1991; Golubnitschaja-Labudova et al., 1998; Turunen et al., 2004; Holmgren et al., 2005). Concerning the checkpoint regulation, recent evidence indicates direct control of the Cdc25s, and therefore the cell cycle, in response to changes in cellular redox status conducted by TRX (Rudolph, 2005).

4.2 Protein redox status, cell cycle control, senescence and neurodegenerative diseases

Oxidative damage to proteins, altered protein redox status, particularly of the key redox systems such as the thioredoxin-dependent methionine-sulfoxide-reductase and the thioredoxin-system, have been implicated in the pathology of several neurodegenerative conditions including Down Syndrome (DS), Alzheimer (AD) and Parkinson diseases (PD), and amyotrophic lateral sclerosis (Kim et al., 2001; Stadtman et al., 2003; Landino et al., 2004). Protein redox status is decisive for the signal transduction targeted in the control over cell cycle progression. The key redox-sensitive cell cycle regulators P53, NFkappaB

and the TRX-system represent the functional link between a redox signal cascade and cell cycle machinery (Hinz et al., 1999; Rudolph, 2005; Muller, 1995). A deprivation of both NFkappaB and TRX has been demonstrated early during embryonic development in fetal brain of individuals with DS characterized by neurodegeneration, premature aging, early development of AD, and by an increased risk for cardiovascular and cancer diseases (Labudova et al., 1999b; Kitzmueller et al., 1999). Further analysis revealed strong neuroprotective effects of both NFkappaB and TRX indicating a functional link between altered protein redox status, cell cycle control, and neurodegenerative pathology of both DS and AD (Lovell et al., 2000; Piccioli et al., 2001; Chiueh et al., 2003). A growing body of evidence indicates that neurodegeneration involves the activation of cell cycle machinery in post-mitotic neurons: an accumulation of mitotic phospho-epitopes, reactivation of the M-phase regulator, Cdc2/cyclin B-complex, an activation of Cdc-2-activating Cdc25A-phosphatase as well as modulation of checkpoints activity in G₁/S have been described in neurones undergoing degeneration in AD (Ding et al., 2000; Lim and Qi, 2003). Misregulation of Cdks occurs in AD, PD, amyotrophic lateral sclerosis, and other neurological disorders affecting the following processes: proliferation, differentiation, senescence and apoptosis as reviewed by Nguyen et al. (2002).

Deregulation of cell-cycle-related Cdk2, Cgk4 and Cdk6 initiates death pathways by depressing E2F-1/Rb-dependent transcription at the neuronal G₁/S checkpoints, that, in concert with the activity of cell-cycle-unrelated Cdk5 possibly inducing the cell-cycle proteins, leads to neurodegeneration (Nguyen et al., 2002). Recent experimental data indicate, however, that only stress leading to DNA damage can initiate cell cycle activation linked to neuronal death; in contrast, apoptosis triggered by stimuli that do not target DNA, does not initiate cell cycle activation (Kruman et al., 2004). Therefore, genotoxic stress combined with misregulation of neuronal checkpoints seems to be the key molecular events underlying neurodegenerative pathology. Inborn checkpoint misregulation is most extensively studied in ATM-deficiency which is accompanied with neuronal degeneration, premature aging and cancer predisposition in *Ataxia telangiectasia*. There is a growing body of evidence that a misregulation of other checkpoints can result in accelerated aging and senescence. Thus, recent animal experiments support the concept that hyper-activation of the checkpoint and tumor suppressor gene p53 may cause accelerated aging (Varela et al., 2005).

Whereas the function of checkpoint genes is relatively well understood in cell cycle progression, little is known about a role of checkpoint genes in non-proliferating cells. As mentioned above, the dysregulated cell cycle activation under genotoxic conditions in non-proliferating cells might be the clue to neurodegeneration and accelerated aging. Thus, apart from the function of universal CDKs inhibitor originally described for p21^{WAF1/CIP1}, other functions, particularly, under stress conditions have been demonstrated for this gene as reviewed by Weiss (2003): an induced p21^{WAF1/CIP1} up-regulates a big set of genes implicated in senescence, age-related and neurodegenerative diseases. To this set belongs the β -amyloid precursor protein linked to Alzheimer disease, extracellular matrix components and receptors, cathepsin B, prosaposin, etc. (Chang et al., 2000). Compared to age-matched controls, the p21^{WAF1/CIP1} gene was shown to be hypermethylated in circulating leukocytes of glaucoma patients – a neurodegenerative disease characterized by retinal ganglion cell loss and optic nerve head atrophy (Golubnitschaja et al., 2006c). At the moment we can only speculate about the role of p21^{WAF1/CIP1} hypermethylation in glaucoma, whether this is due to anti-aging processes that act against oxidative stress damage implicated in the pathology of glaucoma or due to a dysregulated epigenetic control initiating cell cycle activation linked to cellular death under genotoxic conditions, which are well documented in glaucoma (Moenkemann et al., 2005). However, a possible dysregulation of epigenetic control over checkpoints expression should be, further, taken into account, if early diagnosis of neurodegenerative diseases and development of new targets for novel therapeutic approaches are considered.

Outlook

There is no doubt about the key role of cell cycle control mechanisms in maintenance of genomic integrity that is absolutely decisive for adequate cellular stress response and appropriate tissue functionality. Inborn genetic checkpoint defects are usually well-detectable through morphological abnormalities like growth and mental retardation, facial dysmorphism, premature aging as well as immune dysfunction, etc., commonly found in human syndromes associated with an impaired response to DNA damage. Predicting a non-inborn tissue specific checkpoint dysregulation associated with a predisposition to tissue specific pathologies such as neurodegeneration, diverse cardiovascular and tumor diseases, is more complicated. However, how early this occurs and whether it drives either tumor

development or other pathologies is unclear. Therefore, novel diagnostic approaches should be developed, in order to estimate individual predispositions as early as possible. Molecular research technologies such as “Disease Proteomics and Transcriptomics” represent the most powerful tools allowing a precise selection of disease-relevant gene-candidates that can be used as disease-specific molecular markers. Depending on the level of dysregulation an appropriate diagnostic detection method can be chosen such as “Real-Time”-PCR for the level of transcription, and “methylation-specific PCR” for evaluation of epigenetic control quality. One of the most important aspects is the tissue specificity and accessibility. Some non-invasive molecular diagnostic approaches have been recently suggested for early diagnosis of glaucoma and diabetic retinopathy – two neurodegenerative eye disorders with a vascular component in the corresponding pathomechanisms involving pronounced checkpoints dysfunction. Both non-invasive diagnostic approaches are based on disease specific alterations in gene expression profiles of circulating leukocytes that can be evaluated ex vivo in individual blood samples (Golubnitschaja and Flammer, 2004), International Patent No. IB02/00648; Golubnitschaja (2006), International Patent No. 06115230.2). Application of biotechnology in medicine furthers our knowledge about molecular pathomechanisms and opens new perspectives for early diagnosis and even prevention of severe and fatal diseases.

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